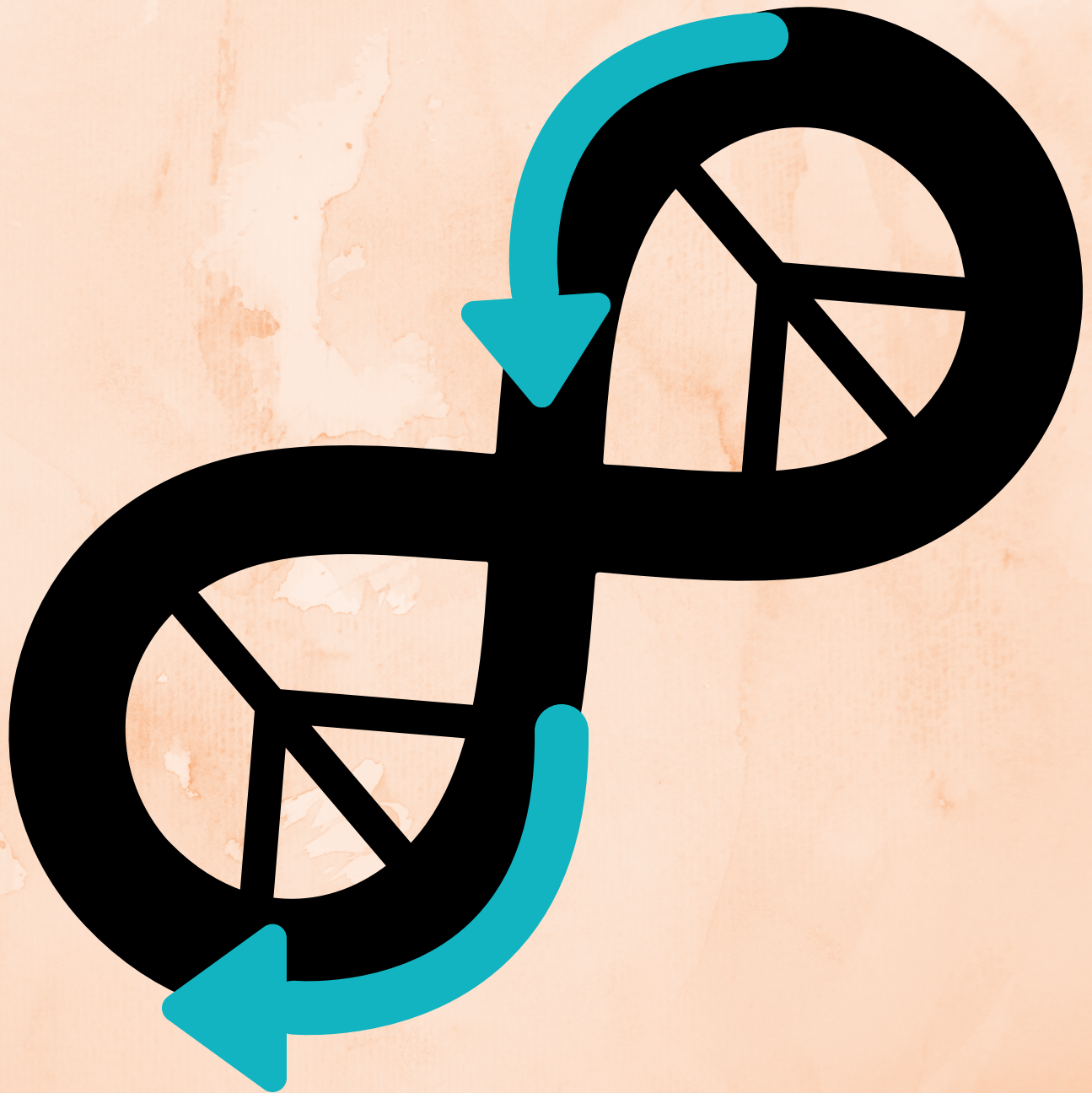


INFINITE BREATHING



Using your finger, trace around the symbol.

Breathe in as you trace up.

Breathe out as you trace down.

Repeat as many times as you choose.

